

Ford Excursion 4x4 (2000~2005)

Part #SSR-109-40

Installation Instructions

Drivers side (Passenger's side similar)



OE bumpstop compared to SSR-109-40

SSR-109-40 Installed



Parts

<u>Description</u>	<u>Quant.</u>
SumoSprings Solo	2
Metal spacers	4
M8 Washer-Steel	2
M8 Nylock Nuts	2

Tools

Floor Jack	1
Jack stands	2
Wheel blocks	4
13mm wrench	2

Installation Instructions

- 1) Park vehicle of level hard surface. Place wheel blocks in front and behind the front wheels to prevent rolling. Observe all safety precautions and wear safety glasses.
- 2) Raise the rear of the vehicle allowing the axle to hang free and rest the frame on the safety jack stands rated for the weight of the vehicle. Removal of the rear wheels is optional.
- 3) Starting on the driver's side un-bolt and remove the factory jounce bumper from the underside of the frame and set aside.
- 4) Remove Sumosprings SSR-109-40 parts from the box.
- 5) Assemble the parts with two of the spacers threaded on each SumoSpring.
- 6) Attach the assembly to the underside of the frame, utilizing the same hole in the underside of the frame from which the factory bump-stop was removed, using the M8 Nylock nut and M8 washer to secure the SumoSpring. Repeat steps three through five on the passenger's side of the vehicle.
- 7) If rear wheels were removed you can now reinstall the rear wheels and torque wheel nuts to manufacturers spec.
- 8) Jack up vehicle, remove safety jack stands.
- 9) Remove wheel blocks from the front wheels.
- 10) Fill out warranty card and send to SuperSprings. The warranty card is an attached document.

Important Notice.

- 1) For easy installation please read instructions completely first and have all necessary tools available.
- 2) We recommend that this installation be done by a professional or persons with sound mechanical knowledge.
- 3) SumoSprings are designed to work with the original factory springs only. If they have been replaced with aftermarket springs then please consult with Supersprings International at 866-898-0720.
- 4) These instructions are meant as a guide for the installation of SumoSprings. SuperSprings International assumes no liability for the actual installation process. Installers should apply common automotive safety practices when raising, lowering and working on vehicles.
- 5) SumoSprings are designed to enhance the vehicles load carrying performance and road handling however it does not authorize (or recommend) loading beyond the manufacturer's GVWR specifications.
- 6) For technical support contact SuperSprings International at 866-898-0720.

To prevent damage to the vehicle and to ensure safety, do not exceed the maximum load recommended by the vehicles manufacturer (GVWR).